



## Capitol Conference 2006

### A Call to Action: Working Toward a Healthier America

### *What You Need to Know Before You Arrive*

#### **Capitol Conference 2006 Preparatory Teleconference – Tuesday, March 7, 2006 at 1:00pm EST**

- Again this year, we are offering an audio teleconference prior to the meeting to help our attendees prepare for their trips to Washington, DC.
- Covered in this teleconference will be a brief overview of the key political issues that will come up both in the sessions and during your lobbying visits, tips for handling those lobbying visits and scheduling appointments, and other insider information about what to expect during your visit to our nation's Capital.
- To register for the call, please send an email to Jessica Waltman, NAHU's Director of Health Policy Research, at [jwaltman@nahu.org](mailto:jwaltman@nahu.org) by Friday, March 3, 2006. Registered attendees will receive a dial-in phone number, PIN code and call materials via email once they RSVP.

#### **Issue Summaries**

- Summaries of NAHU's key policy issues can be found at <http://www.nahu.org/meetings/capitol/2006/index.cfm>.
- It is *imperative* that you read these summaries in their entirety before you arrive in Washington so that you will be prepared to meet with your congressional representatives.

#### **Scheduling Your Congressional Appointments**

- Detailed information about making your appointments with Congressional offices can be found on-line at <http://www.nahu.org/meetings/capitol/2006/index.cfm>.
- If you have any questions about either setting up or preparing for your meetings with legislators, do not hesitate to call NAHU's government affairs office at (703) 276-0220.

#### **Attire**

- Business casual attire may be worn on Sunday.
- Business attire is required on Monday through Wednesday.
- Washington is a fairly conservative town in terms of how people dress.
- Be aware that most of the floors in the Capitol and in the office buildings are marble, which can be hard on your feet. Do not wear high heels! Expect to do a lot of walking, and wear comfortable shoes.

#### **Weather**

- Average temperatures in late March: High 68 to Low of 36.
- Early spring weather in Washington can fluctuate widely; check the forecast when you pack. Plan to bring a warm dress coat, gloves and hat.
- Meeting room temperatures and personal comfort levels vary. You may wish to dress in layers, and bring a sweater or jacket to the meetings.

#### ***Important Meetings and Events***

##### **On-site Registration – Presidential Ballroom Foyer**

Sunday, March 26<sup>th</sup>      10:00 a.m. – 5:00 p.m.  
Monday, March 27th      8:00 a.m. – 4:30 p.m.

##### **Leadership Workshop – Sunday, March 26th**

- This is a workshop for 2006-2007 chapter presidents.
- Individuals who are eligible to attend this event should already have received informational and registration materials from NAHU's chapter relations department.
- Questions? Please contact NAHU's director of chapter relations, Brooke Willson, at (703) 276-3812.

##### **Meeting of State and Local Legislative Chairs – Monday, March 27th at 8:00 a.m.**

- Meet members of NAHU's legislative council and staff members.
- Get an overview of NAHU's state-level resource materials and discuss upcoming state-level legislative projects.
- Ask questions and discuss the important issues in your state with your peers from around the country.

**First-Timers Meeting – Monday, March 27th at 8:30 a.m.**

- Receive an overview of the conference agenda.
- Discuss NAHU's issues and legislative priorities for 2006.
- Learn lobbying basics, including the dos and don'ts of talking with legislators and their staff.

**Regional Meetings – Monday, March 27th at 5:00 p.m.**

Immediately following Monday's general session, each of NAHU's regions will hold short meetings to help members make final preparations and organize for their congressional meetings.

**HUPAC Private evening tour of Mount Vernon and Colonial Buffet–Tuesday, March 28th**

- Visit the historic home of George Washington for a private, candlelit tour accompanied by a colonial buffet at the Mount Vernon Inn. Take a break from the hustle and bustle of Washington, D.C. for this exclusive opportunity. Participants will also be able to tour the rarely-seen third floor of the home.
- Suggested donation:  
\$75 for Capitol Club Members  
\$100 for 365 Club Members  
\$125 for general members
- All NAHU members are eligible to attend. Personal contributions only. Sign up online at [www.hupac.org/events](http://www.hupac.org/events).
- Questions about the Mt. Vernon event should be directed to Jennifer Hillert at (703) 276-3809 or [jhillert@nahu.org](mailto:jhillert@nahu.org).

**HUPAC 365 Club Breakfast – Wednesday, March 29<sup>th</sup> at 7:00 a.m.**

- HUPAC members who contributed \$365 or more in 2005 are invited to a private buffet breakfast with special guests.
- Questions about whether you qualify for the 365 Club should be directed to Jennifer Hillert at (703) 276-3809 or [jhillert@nahu.org](mailto:jhillert@nahu.org).

**4th Annual Capitol Club Luncheon – Wednesday, March 29th at 12:30 p.m.**

- The luncheon will be held at the Capitol Hill Club at 300 First Street, SE, which is directly across the street from the Cannon House Office Building.
- Capitol Club members will receive a personal invitation to this event in a separate mailing.
- Questions about whether you qualify for Capitol Club membership should be directed to Jennifer Hillert at (703) 276-3809 or [jhillert@nahu.org](mailto:jhillert@nahu.org).

**Congressional Reception – Wednesday, March 29th from 5:30 – 7:00 p.m.**

- The final event of Capitol Conference 2006 is a reception for members of Congress and their health staff, to be held in the Rayburn House Office Building Cafeteria.
- No one will be admitted to this event without a NAHU Capitol Conference name badge, so please make sure that you bring your badge with you to the reception.

***Hotel and Travel Information***

**Headquarters Hotel**

Capital Hilton Hotel  
16<sup>th</sup> & K Streets, NW  
Washington, DC 200  
Phone: 202-393-1000

**Parking**

Only valet parking is available - \$28.00 per day.

**Ground Transportation:**

From Reagan National Airport:

- Cab fare: \$14.00\*
- SuperShuttle fare: \$12.00\*
- Metro fare: \$1.70 rush hour; \$1.35 non-rush  
*Farragut West station –20 minute ride*

From Dulles International Airport:

- Cab fare: \$50.00\*
- SuperShuttle fare: \$25.00\*
- Metro fare: \$4.35 rush/non-rush

*Take bus to West Falls Church station; take Metro train to Farragut West station – total ride time approximately 50-60 minutes*

From Baltimore Washington International Airport:

- Cab fare: \$60.00\*
- SuperShuttle fare: \$35.00\*
- Metro fare: \$6.05 rush/\$5.35 non-rush

*Take Metro bus to Greenbelt station; take Metro train to Metro Center station; transfer to Red line to Farragut North station – total ride time approximately 75-90 minutes*

\*All cab and SuperShuttle fares are approximations.

### **Directions to and from the Metro stops closest to the Capital Hilton (16<sup>th</sup> & K Streets, NW)**

#### **From Farragut North Metro Station (Red Line):**

Exit the station and go East two blocks on K Street to 16th Street. The Capital Hilton will be on the northeast corner of 16th and K Streets.

#### **From Farragut West Metro Station (Blue & Orange Lines):**

Exit the station and go east two blocks on I Street to 16th Street. Go north one block on 16th Street. The Capital Hilton will be on the northeast corner of 16th and K Streets.

#### **From McPherson Square Metro Station (Blue & Orange Lines):**

Exit the station and go west three blocks on I Street to 16th Street. Go north one block on 16th Street. The Capital Hilton will be on the northeast corner of 16th and K Streets.

### **Airline Information:**

- If you have not already done so, you should make your airline reservations right away.
- American Airlines is the official airline of Capitol Conference 2006 and offers a 5% discount off lowest applicable fares, as well as zone fares that do not require a Saturday night stay.
- Contact American Airlines Meeting Services Desk toll free (1-800-433-1790) and refer to authorization number A2136AR.

### **Air Travel Recommendations:**

- We recommend that air travelers visit the TSA website at [www.TSA.gov](http://www.TSA.gov). The website has good advice for packing smart and not wearing jewelry, shoes or clothing that may set off metal detector alarms, as well as lists of permitted and prohibited items.
- Please remember that federal regulations require all passengers to remain seated during the thirty minutes prior to landing at Reagan National Airport. You will not be permitted to leave your seat during the last thirty minutes of the flight for any reason. Also, you are not permitted to leave your seat during the first thirty minutes after takeoff from Reagan National Airport.

### **Reminders**

- Don't forget to bring stamps and address labels so that you can mail postcards to your clients.
- **No one** will be admitted to any Capitol Conference function, including Wednesday's Congressional Reception in the Rayburn Building, without a conference name badge.